

Lizzy Hoo

Comedian / Writer / Presenter / Actor

Lizzy Hoo is many things – a noodle enthusiast, designer, sports lover, and rescue greyhound owner.

Lizzy is also a stand-up comedian, presenter, writer, and actor – And over the last few years has become one of the most in demand and hilarious live performers in Australia. You may have seen her on Network 10's *Have You Been Paying Attention?* and *The Cheap Seats*, a guest on ABC's *Question Everything* and *The Weekly*, Channel Nine's *The Hundred with Andy Lee* and SBS's *The Cook Up with Adam Liaw*. Her stand up has also appeared on numerous *Melbourne International Comedy Festival Galas* broadcast on the ABC and *Just For Laughs Australia* on Network Ten.

In 2022, Lizzy released her stand up special [Hoo Cares](#) on Amazon Prime Video worldwide to great acclaim, including a nomination for Best Stand-Up Special at the 2024 AACTA's.

Lizzy is a master of mining her life and family into material that leaves audiences left wanting more. A hilarious, self-assured, observational-style has resonated with comedy-goers around the world, with Lizzy's stand-up clips garnering millions of views online.

It's been a sharp rise to stardom, having only given stand-up a go for the first time in 2017, as a way to gain more self-confidence in the work place. Safe to say it worked out pretty well.

With each passing year, Lizzy has been exponentially growing her audience to sold out houses around Australia, while exponentially stretching the ability to use her name as a pun with shows such as *Hoo Dis?*, *Hoo Cares*, *Woo Hoo* and most recently *Deja Hoo*.

'Hoo exudes the kind of rambunctious confidence that's sure to have her scaling the venue's bigger spots in no time. ★★★★★' Time Out

"The confidence of a title fighter who has won before she's even set foot in the ring." ★★★★★ The Age



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LIVE SHOWS

- 2025 **Deja Hoo – Solo Show**
Perth Fringe, Adelaide Fringe, Melbourne International Comedy Festival, Brisbane Comedy Festival,
- 2024 **Hoo's That Girl – Solo Show**
Perth Fringe, Adelaide Fringe, Hobart Festival of Comedy, Canberra Comedy Festival, Gold Coast Laughs Festival, Melbourne International Comedy Festival, Sydney Comedy Festival, Brisbane Comedy Festival
- 2023 **Woo Hoo! – Solo Show**
Perth Fringe, Melbourne International Comedy Festival, Sydney Comedy Festival, Brisbane Comedy Festival, Darwin Festival
- 2023 **Ride Queens – Split Bill w/ Geraldine Hickey**
Adelaide Fringe
- 2022 **Hoo Cares? – Solo Show**
Melbourne International Comedy Festival, Brisbane Comedy Festival, Sydney Comedy Festival
- 2022 **Chicksal 500 – Split Bill w/ Celia Pacquola, Cal Wilson, Geraldine Hickey, Jordan Barr and Lizzy Hoo**
Adelaide Fringe
- 2021 **Hoo Dis? – Solo Show**
Melbourne International Comedy Festival, Sydney Comedy Festival, Comedy Store – Encore Show
- 2021 **Chicksal 500 – Split Bill w/ Denise Scott, Cal Wilson, Geraldine Hickey and Lizzy Hoo**
Adelaide Fringe
- 2020 **Sydney Opera House Digital Series: Lizzy Hoo & The Stevenson Experience – Split Bill**
Joan Sutherland Theatre, Sydney Opera House
- 2019 **Hoo Am I (What's My Name) – Solo Show**
Melbourne International Comedy Festival, Sydney Comedy Festival
- 2018 **Ferris Wheel Club – Split Bill with Claudia Rae & JT**
Sydney Fringe

TV

- 2025 ABC TV - *Claire Hooper's House of Games* (Guest)
- 2024 Network 10 – *Have You Been Paying Attention?* (Panellist)
- 2024 ABC TV - *A Bite To Eat With Alice* (Guest)
- 2024 ABC TV – *Question Everything* (Guest)
- 2024 SBS Australia - *Shaun Micallef's Origin Odyssey* (Guest)
- 2024 ABC TV - *Melbourne International Comedy Festival Oxfam Gala* (Host)
- 2024 ABC TV - *Monday's Experts* - (Guest)
- 2024 SBS TV - *The Cook Up With Adam Liaw* (Guest)
- 2024 Network 10 - *Celebrity Deal or No Deal* Guest)
- 2023 Channel Nine – *Getaway* (Guest Host) 2023 Network 10 – *The Cheap Seats* (Guest)
- 2023 ABC TV – *Question Everything* (Guest)
- 2023 Prime Video – *Hoo Cares?! (Comedy Special)*
- 2023 Network 10 – *Have You Been Paying Attention?* (Panellist)
- 2023 ABC TV – *Melbourne International Comedy Festival Gala* (Comedy Spot)
- 2023 Channel 7/Escape.com.au – *Escape To...* (Co-host)
- 2022 Channel 9 – *The Hundred with Andy Lee* (Guest)
- 2022 Network 10 – *Just For Laughs Australia* (Comedy Spot)
- 2022 SBS TV – *Celebrity Letters & Numbers* (Guest)
- 2022 ABC TV – *Melbourne International Comedy Festival Gala* (Comedy Spot)
- 2022 Channel 7 – *Good Friday Appeal* (Guest)
- 21-22 SBS TV – *The Cook Up with Adam Liaw* (Guest)
- 2021 ABC TV – *Australia Talks Comedy Debate* (Debater)
- 2021 ABC TV – *Melbourne International Comedy Festival Gala* (Comedy Spot)
- 2019 Comedy Channel/Network 10 - *Just For Laughs Australia* (Comedy Spot)



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RADIO & PODCASTS

2024 Shitutions (Host)
2024 Grand Gestures (Host)
2023 Wilosophy hosted by Wil Anderson (Guest)
2023 Born Funny with Jimmy and Nath (Guest)
2023 Picture Discuss hosted by Merrick Watts (Guest)
2023 The Saturday Quiz (Guest)
21-22 This is The Thing (Co-Host)

Lizzy has regular appearances on all major Australian radio networks including ABC, SCA, ARN, Fairfax and iHeart.

OTHER NOTIBLE WORK

2024 Palorchestes: Highly Individual - Voice Over - ABC Education
2023 MICF Great Debate 2023 - Melbourne International Comedy Festival
21-23 Comedy Spot – Melbourne International Comedy Festival Roadshow
2020 Support – Tom Gleeson, Sydney Opera House
2020 Comedy Spot – Let's Laugh – Gala – Sydney Opera House
2020 Support – Wil Anderson, Comedy Store
2018 Comedy Spot – Just For Laughs Sydney, Sydney Opera House
2017 NSW State Finalist – RAW Comedy

Lizzy has also done commercial work for numerous brands such as Optus, Dan Murphy's, Koala Mattresses, Vodafone & Sydney Festival.

She is also an in demand corporate MC and comedian having hosted and performed at events for a wide range of organisations such as Canva, FightMND, Essendon Football Club, Headspace, AON and Master Builders.



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