

Sez

Comedian, Musician, Writer, Content Creator, Producer

Sez is a comedian, musician, writer, content creator and producer, offering the world a valuable Gen Z perspective.

Five foot nothing and armed with a guitar, mic and a 'I don't give a shit' attitude, Sez invites her audience into the trenches to explore the world around her. Through stand-up, sketches, characters, and folk-pop songs, she has struck a chord with millions on social media and comedy crowds at shows around Australia.

You might think Sez is just an insufferable influencer uploading wacky videos to the internet - and you're 100% right! With material about accidentally bleeding in a one-night stands bed, crying into a kebab, her partner sleeping with her best mate and dating f**kboys, her viral moments hit home over and over again.

"If you only see one dyslexic, bisexual musical comedian this festival, make it Sez." ★★★★★ *The Age, 2025*

"A stack of personal and wonderfully cringey anecdotes, and a willingness to plunder her life for laughs." ★★★★★ *The Age, 2025*

"She times her callbacks like a pro, snort-laughing along with the crowd at what she's getting away with." ★★★★★ *The Age, 2025*

"Sharp songwriting and laugh-out-loud punchlines." *The Scoop, 2025*

"A comedy and musical gem rolled into one" *The Scoop, 2025*

LIVE SHOWS

- 2025 *Keeps Me Young* – Solo Show
Melbourne International Comedy Festival, Sydney Comedy Festival,
Brisbane Comedy Festival, Perth Comedy Festival
- 2024 *Digital Footprint* – Solo Show
Melbourne International Comedy Festival, Sydney Comedy Festival
- 2024 *Breast of the Fest* – Line Up Show
Melbourne International Comedy Festival

NOTABLE LIVE WORK

- 2024 Support – Nick White – Hobart, Tasmania
- 2023-24 Sunday Scaries – Monthly Comedy Show, Brunswick, Victoria

AWARDS



ABN 26 091 596 388

Melbourne
35 Easey Street
Collingwood, VIC 3066

PO Box 108
Fitzroy, VIC 3065

P +61 3 8417 0000

Sydney
Suite 4.04, 50 Holt Street,
Surry Hills NSW 2010

P +61 2 9690 5922

www.token.com.au

2023 The Push - #25Under25 Australian Music's Best & Brightest New Faces

TV

2021 & 23 Network Ten - *The Project* (Guest)

RADIO & PODCASTS

2025 Wilosophy with Wil Anderson - Guest
2024 Confessions of an Idiot with Sammy Peterson – Podcast – Guest
2024 Am I The Arsehole with Sammy Peterson – Podcast – Guest
2024 Phone Hacks with Mike Goldstein and Nick Capper – Podcast – Guest
2024 Figuring Out 30 with Bridget Hustwaite – Podcast – Guest
2024 Triple J – Weekends with Luka Muller and Jordan Barr – Guest
2023 Gaytkeeping with Sam and James – Podcast – Guest
2022-23 Triple J – Dave Ruby Howe – Guest
2023 Ladies We Need To Talk with Yumi Stynes – Podcast – Guest
2023 Triple J – The Hook Up – Guest
2022 Matt and Alex – Podcast – Guest
2022 Bevz with Sez – Podcast – Host and Producer
2021-22 SYN Radio – Program Host and Producer
2021 Child of 98 – Podcast – Host and Producer
2020 Sorta Ya Life Out – Co-Host and Producer

COMMERCIAL AND SOCIAL MEDIA CAMPAIGNS

Sez has written, created and executed social media content for various brands, festivals and organisations including:

UBank, Respect Victoria, Netflix, Anaconda, M&Ms, Spotify, Who Gives a Crap, U by Kotex, Sony Music, Split Milk, MSI Asia Pacific, The Daily Aus, Sun Cycle Music Festival & George Ezra

Represented by Token Artists.

Contact: Claire Hammond – claire.hammond@token.com.au

03 8417 0000 for further details

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