

Sez

Sez presents a sharp and original mix of musical comedy and unhinged storytelling from a Gen Z perspective.

Five foot nothing and armed with a guitar and Omnichord, Sez invites people into the trenches to explore the world around her. Through stand-up, sketches, characters, and folk-pop songs, she has struck a chord with millions on social media.

She is also building a name for herself IRL as a sought after live act, straddling the worlds of music and comedy. She has hosted the *Class Clowns National Grand Final* at the Melbourne Comedy Festival, performed at the Opera House for Just For Laughs Sydney and wowed comedy crowds around Australia.

She has also performed at Party In The Paddock, Beyond The Valley and Lost Paradise, as well as MCing *The Gift* at Meredith Music Festival.

Sez made her TV debut playing for team Gen Z on *Talkin' 'Bout Your Gen* and at 27, despite her already long list of credits, she's just getting started.

Expect deeply serious (but completely unserious) bangers and laughs.

"If you only see one dyslexic, bisexual musical comedian this festival, make it Sez." ★★★★★ *The Age, 2025*

"A stack of personal and wonderfully cringey anecdotes, and a willingness to plunder her life for laughs." ★★★★★ *The Age, 2025*

"She times her callbacks like a pro, snort-laughing along with the crowd at what she's getting away with." ★★★★★ *The Age, 2025*

"Sharp songwriting and laugh-out-loud punchlines." *The Scoop, 2025*

"A comedy and musical gem rolled into one" *The Scoop, 2025*

LIVE SHOWS

- | | |
|------|--|
| 2025 | <i>Keeps Me Young</i> – Solo Show
Melbourne International Comedy Festival, Sydney Comedy Festival,
Brisbane Comedy Festival, Perth Comedy Festival |
| 2024 | <i>Digital Footprint</i> – Solo Show
Melbourne International Comedy Festival, Sydney Comedy Festival |



ABN 26 091 596 388

Melbourne

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Collingwood, VIC 3066

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Sydney

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2024 *Breast of the Fest – Line Up Show*
Melbourne International Comedy Festival



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OTHER NOTABLE WORK

2025 Just For Laughs Sydney – *The Alternative Show* (Comedy Spot)
2025 Host – *Class Clowns National Grand Final* - Melbourne Comedy Festival
2025 The Wheeler Centre - *Hatred of Poetry Debate* (Speaker)
2025 Melbourne International Comedy Festival Roadshow (Comedy Spot)
2025 *Feastival* – Falls Creek (Comedy Spot)
2025 *Party In The Paddock Music Festival* (Comedy Spot)
2024 *Tiktok Awards* (Comedy Spot)
2024 Red Carpet Presenter – *Music Victoria Awards*
2024 MC - Meredith Music Festival - *The Gift*
2024 Support - Nick White – Hobart
2023-24 Host - *Sunday Scaries* (Monthly Comedy Show)

AWARDS

2023 The Push - #25Under25 Australian Music's Best & Brightest New Faces

TV

2025 Network Ten *Talkin' 'Bout Your Gen* (Guest)
2025 Adult Swim *YOLO – Rainbow Trinity* (Season 3) (voiceover)
2021 & 23 Network Ten *The Project* (Guest)

RADIO & PODCASTS

2025 ABC Radio *TGIF! With Charlie Pickering* (Guest)
2025 podcast *Wilosophy with Wil Anderson* (Guest)
2024 podcast *Confessions of an Idiot with Sammy Peterson* (Guest)
2024 podcast *Am I The Arsehole with Sammy Peterson* (Guest)
2024 podcast *Phone Hacks with Mike Goldstein and Nick Capper* (Guest)
2024 podcast *Figuring Out 30 with Bridget Hustwaite* (Guest)
2024 Triple J *Weekends with Luka Muller & Jordan Barr* (Guest)
2023 podcast *Gaytkeeping with Sam and James* (Guest)
2022-23 Triple J *Dave Ruby Howe* (Guest)
2023 podcast *Ladies We Need To Talk with Yumi Stynes* (Guest)
2023 Triple J *The Hook Up* (Guest)
2022 podcast *Matt and Alex* (Guest)
2022 podcast *Bevz with Sez* (Host and Producer)
2021-22 SYN Radio *Program* (Host and Producer)
2021 podcast *Child of 98* (Host and Producer)
2020 podcast *Sorta Ya Life Out* (Co-Host and Producer)

COMMERCIAL AND SOCIAL MEDIA CAMPAIGNS

Sez has written, created and executed social media content for various brands, festivals and organisations including:

Hinge, Queen Victoria Market, Anaconda, Bumble, M&Ms, MSI Asia Pacific, Netflix, Oatly, Public Transport Victoria, Respect Victoria, Sony Music, Spotify, Split Milk, Sun Cycle Music Festival & George Ezra, The Daily Aus, U by Kotex, UBank, UberEats, Visit Ballarat, Who Gives a Crap.

Represented by Token Artists.

Contact: Claire Hammond – claire.hammond@token.com.au
03 8417 0000 for further details

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